Cornerstone's Kids
Caring and Sharing

All workshops take place
Monday-Friday
From 4:30p-5:30p
(unless otherwise specified)

July 2021
Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 *Music Night	2 Red, White, & Blue Party! 	3
4 	5 -Mindful Monday 8a-8:15a -Youth Grief Group 3p-4p -Kids Yoga 4p-4:30p	6 -Teens Yoga 4p-4:45p -Teen Grief Group 5p-6p	7 -Teen Talks Support Group 3:30p-4:30p	8 *Canvas Painting	9 Storytime: "Ida, Always" 	10
11	12 -Mindful Monday 8a-8:15a -Kids Yoga 4p-4:30p	13 -Teens Yoga 4p-4:45p	14 *Feelings in a Bottle	15 *Pieces of my Heart	16 *Mandala Making	17
18	19 -Mindful Monday 8a-8:15a -Youth Grief Group 3p-4p -Kids Yoga 4p-4:30p	20 -Teens Yoga 4p-4:45p -Teen Grief Group 5p-6p	21 -Teen Talks Support Group 3:30p-4:30p	22 *Rock Painting	23 *Memory Bracelet Making	24
25	26 -Mindful Monday 8a-8:15a -Kids Yoga 4p-4:30p	27 -Teens Yoga 4p-4:45p	28 *Scream Box	29 *Bingo Night	30 Movie Night: National Treasure 	31

Activities are free and open to all children living in Lake, Sumter, Orange, Osceola, Polk, Highlands, and Hardee counties. Activities are currently being held via Zoom video chat.

To sign up for an activity, please email cornerstoneskids@cshospice.org
Or visit www.cornerstoneskids.org to secure a spot.
For details on a specific activity, please see the guide

Activities highlighted in yellow are designed specific for bereaved children who are grieving the loss of a loved one.

*Indicates that a child must sign up for activity at least one week in advance.