

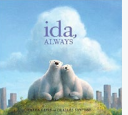










All workshops take place  
Monday-Friday  
From 4:30p-5:30p  
(unless otherwise specified)

# October 2021 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Mandala Making 	2
3	4 -Mindful Monday 8a-8:30a -Youth Grief Group 3p-4p -Kids Yoga 4p-4:30p	5 -Teens Yoga 4p-4:45p -Teen Grief Group 5p-6p	6 -Teen Talks Group 3:30p-4:30p -*Memory Bracelet Making	7 Minecraft Night 	8  Story Time: "Ida, Always"	9
10	11 -Mindful Monday 8a-8:30a -Kids Yoga 4p-4:30p	12 Teens Yoga 4p-4:45p	13 *Paint Night 	14  *Gratitude Pumpkins	15 Dance Party! 	16
17	18 -Mindful Monday 8a-8:30a -Youth Grief Group 3p-4p -Kids Yoga 4p-4:30p	19 -Teens Yoga 4p-4:45p -Teen Grief Group 5p-6p	20 -Teen Talks Group 3:30p-4:30p -*Oil Pastel Night	21 *Mindfulness Glitter Bottles	22  Movie Night 4:30p-6:30p	23
24 	25 -Mindful Monday 8a-8:30a -Kids Yoga 4p-4:30p	26 Teens Yoga 4p-4:45p 	27 *Rock Painting 	28 *Music Night	29 Costume Dance Party! 	30
31						

Activities are free and open to all children living in Lake, Sumter, Orange, Osceola, Polk, Highlands, and Hardee counties. Activities are currently being held via Zoom video chat.

**To sign up for an activity, please email [cornerstoneskids@cshospice.org](mailto:cornerstoneskids@cshospice.org) to secure a spot. For details on a specific activity, please see the guide attached.**

Activities highlighted in **yellow** are designed specific for bereaved children who are grieving the loss of a loved one.  
\*Indicates that a child must sign up for activity at least one week in advance.